

The Center for Breast Health



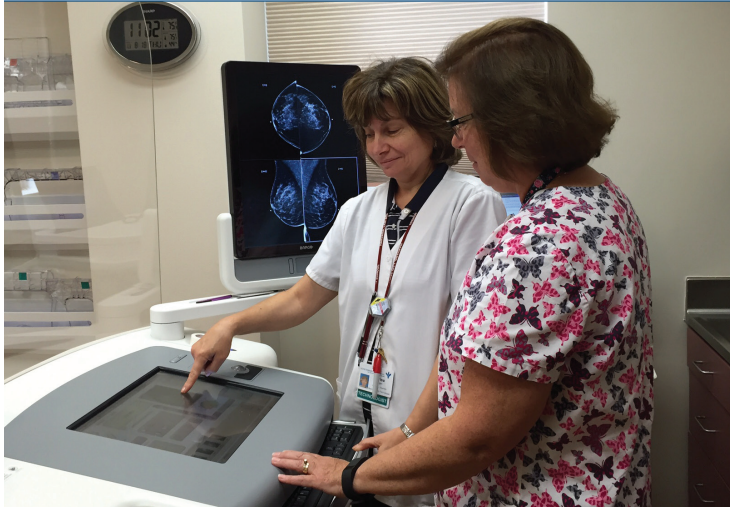
**Good Samaritan
Hospital**

Westchester Medical Center Health Network

Advancing Care. Here.

Precise, Cutting-Edge,

Compassionate Care



Take comfort that The Center for Breast Health at Good Samaritan Hospital, a member of the Westchester Medical Center Health Network (WMCHealth), and its dedicated, highly skilled team are here for you — and that there are more ways than ever to diagnose and treat breast abnormalities.

The Center for Breast Health is renowned for treating every aspect of breast health, from the initial consultation and exam through aftercare.

The Center for Breast Health's trusted, comprehensive, multi-disciplinary approach ensures the best possible outcomes, with leading-edge care conveniently available close to home. Its compassionate team will personalize a treatment plan, providing emotional and spiritual support every step along the way.

Board-certified physicians with specialties and expertise in breast surgery, medical and surgical oncology, radiation oncology and plastic surgery will review and explain every treatment element. Each aspect of our program is individually accredited, providing the highest standard of care.

Specialty Services

- High-Risk Breast Cancer Screening Program
- 3D mammography
- Digital mammography (screening and diagnostic)
- High-resolution breast ultrasound
- State-of-the-art radiation oncology with the TrueBeam Linear Accelerator System
- Genetic counseling
- MRI
- Core biopsies
- Stereotactic biopsies
- Patient Navigators
- Patient-treatment discussion with experts in multiple medical specialties
- Needle localization
- Fine needle aspiration
- Breast surgery
- Medical and surgical oncology
- Reconstructive surgery: Deep Inferior Epigastric Perforator (DIEP) flap breast procedures
- Treatment and social-services coordination
- Local support groups
- Spiritual assistance
- Alternative therapies
- Physical therapy: Lymphedema therapy
- Patient counseling and education

Leading-Edge Technology to Aid in Diagnosis and Healing



Three-Dimensional (3D) Mammography

3D mammography examines breast tissue layer by layer, enabling higher visibility and clarity than a flat view.

Fine details are visible, no longer hidden by tissue above or below. Precise, earlier breast-cancer detection finds 20 percent to 65 percent more invasive breast cancers than two-dimensional mammography.

The chance of needing a second confirmation mammogram is reduced up to 40 percent.



High-Risk Breast Cancer Screening Program

Many women believe breast cancer is hereditary, but that's true only one in 10 times. Women should be aware of all risk factors, just as they know their blood pressure, cholesterol level and body mass index. Most women underestimate their risk for developing breast cancer.

The Center for Breast Health's multidisciplinary team is comprised of board-certified physicians and a specially trained genetic cancer specialist who collaborate to provide education, hereditary cancer-risk assessment, genetic counseling and testing, individualized cancer screening and prevention programs.

Good Samaritan Hospital's advanced technology and exceptional medical staff can identify if women are possible carriers for a gene that could increase breast-cancer risk. If so, proactive risk-reduction measures such as aggressive surveillance via MRIs or risk-reduction surgery can be employed.

Personalized Attention, Service and Support



Patient Navigators



Ida Ramos-Bendayan, RN, MSN
Clinical Nurse Navigator

Ida guides patients along the path to wellness after a breast-cancer diagnosis. She educates and counsels patients about every aspect of care. This includes treatment options, clinical trials, support services and community resources.



Cynthia Del Valle
Screening Patient Navigator

Cynthia reaches out to women overdue for mammograms and helps eliminate barriers that may prevent screenings. She helps schedule a mammogram.



Ana Paisley
Patient Navigator

Ana helps patients access resources, schedule appointments with specialists, obtain follow-up care and schedule lab work. She answers questions, provides emotional support and more.

Advanced Plastic Surgery and Reconstruction

Every patient is unique and our surgeons are committed to giving patients the best possible outcomes. Some techniques used include nipple sparing, invisible scar incisions, self-inflating AirXpander reconstruction and DIEP, Deep Inferior Epigastric Perforator flap breast reconstruction. DIEP is the most advanced form of breast reconstruction at The Center for Breast Health. This innovative microsurgical procedure uses the patient's abdominal skin and fat to reconstruct a natural, warm, soft breast after mastectomy. DIEP patients experience less pain after surgery, enjoy faster recovery and maintain abdominal strength.

The Underwires Support Group

Underwires is The Center for Breast Health's breast-cancer support group. Its services are free. The group meets on the second and fourth Thursday of every month at 6 p.m. at The Center for Breast Health, Surgical Division.

The group offers a safe haven for discussion. It offers support and shares resources that help explore and validate feelings. Common experiences, camaraderie and new friends help ensure improved quality of life.

Appointments and Information

The Center for Breast Health Imaging Center

866.596.8456

goodsamhosp.org/breastcenter

Monday-Friday, 8 a.m. to 4 p.m.

Evening and weekend appointments available.

The Center for Breast Health Surgical Center

845.357.7462

Monday-Friday, 9 a.m. to 5 p.m.

Accreditation



The Center for Breast Health is recognized by National Accreditation Program for Breast Centers.

Front photo: George Pejoves Photography



**Good Samaritan
Hospital**

Westchester Medical Center Health Network

Advancing Care. Here.

255 Lafayette Avenue
Suffern, NY 10901
goodsamhosp.org | 845.368.5000

Westchester Medical Center Health Network includes:

Westchester Medical Center | Maria Fareri Children's Hospital
Behavioral Health Center | MidHudson Regional Hospital
Good Samaritan Hospital | Bon Secours Community Hospital
St. Anthony Community Hospital | HealthAlliance Hospital: Broadway Campus
HealthAlliance Hospital: Mary's Avenue Campus | Margaretville Hospital